



Coordinated, Co-located, or Integrated Care...

“They Didn’t Teach Me *THAT* in School!”



The Solution Lies in...

....integrated care, systematic coordination of general and behavioral healthcare. Integration of mental health, substance use, primary care produces the best outcomes and most effective approach to caring for people with multiple healthcare needs."

SAMHSA,HRSA



Integrated Care in the Field

- ▶ is more than cooperation, increasing access through co-location or improving coordination;
- ▶ requires organizations and systems to do business differently (ie creating trauma informed environments);
- ▶ requires a trained workforce prepared to not only tolerate but value transdisciplinary, patient-centered, team-based approaches;
- ▶ means trained behavioral health general practitioners as part of the medical team (social workers, psychiatric nurses, psychologists and peer supports) or physicians trained to understand impact underlying trauma has on health;
- ▶ incorporates Evidence-based practices (EBP'S), systematic screening, trauma informed approaches and so on...



Benefits and Value Added

- Create common language and philosophical approaches across disciplines and systems
 - Intentionally cross train/teach EBP's
 - Equip the workforce in Vicarious Trauma, Compassion Fatigue and Self-Care
 - Reduce fragmented care, reduce barriers and
 - Enhanced outcomes for clients, communities and complex social problems
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