

Stacking It Up

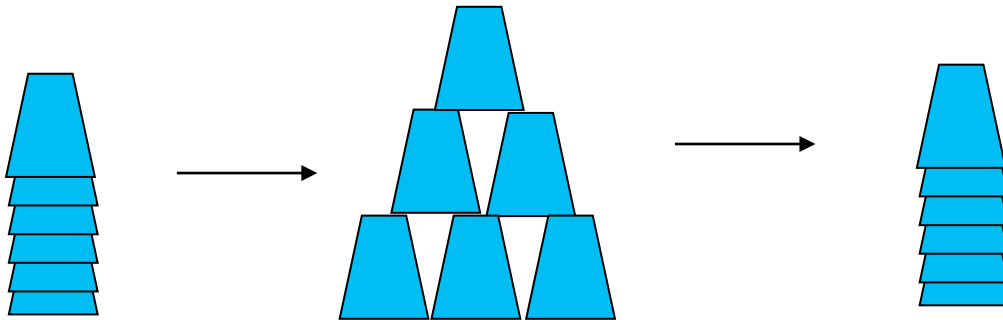
Materials:

6 Plastic SOLO cups per group

A 6-inch piece of yarn for each group

1 large rubber band for each group

Separate the teams into groups of about 3 or 4, and give them their materials: the 6 cups stacked together, the yarn or string, and a rubber band. The instructions are simple: they must get the cups unstacked from themselves, and place them on top of one another to make a structure that looks like the following picture. After that, they need to get the cups all back into a stacked pile again. Sounds easy, right? Well here's the trick: you can't touch your hands to the cups! Groups need to work together and communicate to utilize their materials and get the task done.



This team building activity is courtesy of Dr. Mary Chace, who taught with Peer Mentor Michelle Coale fall 2012.